

ALBA Hybrid Day Retreat

Let's see what arises

Saturday 18 January 2025

Led by Randula Haththotuwa

<https://www.accesstoinsight.org/tipitaka/sn/sn56/sn56.035.than.html>

SN 56.035 Sattisata Sutta: One Hundred Spears

<https://suttafriends.org/names/maha-kassapa-arahant/>

Maha Kassapa Arahant

<https://www.accesstoinsight.org/tipitaka/kn/ud/ud.8.01.than.html>

Nibbana Sutta (1)